

Shell Rock's Rockin' Recreation

YOUTH Fall Session

September 1, 2008 through November 30, 2008

Youth Activities:

Activity: Fizz Art

Instructors: Janice Mueller & Sara Hoeft, Bremer County Extension Program Coordinators

Age: 2nd & 3rd graders in the current 2008-9 school year.

Class Limit: Min. 10, Max. 20

Date: Saturday, Oct. 11, 2008

Time: 9:00-3:00pm

Location: Will be announced later.

Materials Needed: Sack lunch and drink.

Class Description: You'll never be bored on a rainy day again when you discover the magic hiding around your house! You will create masterpieces as you learn about design and get a little messy! Please wear appropriate clothing.

Registration Required: Activity covered by one-time \$15.00 Fall Session Recreation Fee, plus \$15.00 for materials payable to class instructor.

Activity: Baby Sitting Clinic

Sponsored by: Bright Beginnings

Instructor: Alisha DeBoer

Age: 9 years through 15 years

Class Limit: No Limit

Date: Saturday, November 8, 2008

Time: 9:00-11:00am

Location: Bright Beginnings Day Care, 218 South Cherry Street, Shell Rock

Class Description: Learn how to care for children 3 months old through early elementary age children.

Materials Needed: Wear comfortable clothing and no jewelry.

Registration Required: Activity covered by one-time \$15.00 Fall Session Recreation Fee.

Activity: Easy Artisan Breads

Instructor: Elizabeth Bingham

Age: Children under 10 need to be accompanied by an adult.

Class Limit: 10

Date: Saturday, Nov. 1, 2008

Time: 2:00-4:00pm

Location: Faith Lutheran Church, 422 North Prairie Street, Shell Rock.

Class Description: Learn to make hearty, ethnic-style breads with minimal time and effort. Sure-fire quick-and-easy method for delicious results. Taste 3 varieties, then prepare and take home dough for 4 small loaves or 2 large loaves.

Materials Needed: Bring a large bowl and heavy duty- spoon for preparing dough, transporting, and storing it.

Registration Required: Activity covered by one-time \$15.00 Fall Session Recreation Fee, plus \$5.00 payable to class instructor for materials.

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YOUTH Fall Session

September 1, 2008 through November 30, 2008

Activity: Golf Lessons

Instructor: Tricia Peterson

Age: 9 years and up

Class Limit: Min. 10, No Max.

Date: Saturdays, September 13 & 27, 2008. Rain date of October 11, 2008.

Time: 9:00-11:00am

Location: The Card, Clarksville

Class Description: Learn the fundamentals of golf and golf etiquette.

Materials Needed: Golf clubs. They will be provided if you don't have any on a limited basis.

Registration Required: Activity covered by one-time \$15.00 Fall Session Recreation, plus \$5.00 payable to class instructor.

Activity: Tie Dying

Instructor: Samantha Nichols

Age: 8 years and up

Class Limit: Min. 3, No Max.

Date: Wednesday, September 17, 2008

Time: 5:00-6:00pm

Location: Shell Rock Elementary School Commons

Class Description: Learn how to tie-dye and design your own shirt.

Materials Needed: Bring a white t-shirt to tie-dye.

Registration Required: Activity covered by the one-time \$15.00 Fall Session Recreation Fee.

Activity: Fossil Digging

Age: 4th grade and up in the current 2008-9 school year.

Class Limit: 10

Date: Tuesday, September 2nd, 2008.

Time: 3:30-6:00pm

Location: Will meet at the Shell Rock Elementary School.

Class Description: Will go to the Rockford Fossil & Prairie Park, Rockford, Iowa

Materials Needed: Sturdy shoes and a bag to put fossils in.

Registration Required: Activity covered by one-time \$15.00 Fall Session Recreation Fee.

Activity: Art Explorations

Instructor: Laura Beery, Elementary School Art Teacher

Age: 3rd grade and up in the current 2008-9 school year.

Class Limit: No Limit.

Date: Tuesday, September 16th, 2008.

Time: 4:00-5:30pm

Location: Shell Rock Elementary School Art Room.

Class Description: Explore drawing or painting. We have watercolors and tempera.

Materials Needed: Bring photographs, magazine, or comic books of things you want to try. Bring your own paint if you want pointers with oil or acrylic.

Registration Required: Activity covered by one-time \$15.00 Fall Session Recreation Fee.

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September 1, 2008 through November 30, 2008

Activity: Stepping Stones

Instructor: Joelle Brumley

Age: 8 years and up

Class Limit: No Limit

Date: Saturday, October 4, 2008

Time: 10:00-11:30am

Location: Shell Rock Elementary School Commons

Materials Needed: Empty ice cream bucket.

Class Description: Learn how to make a stepping stone.

Registration Required: Activity covered by one-time \$15.00 Fall Session Recreation Fee, plus \$3.00 additional fee payable to the class instructor.

Activity: Wreath Decorating

Instructor: Pam Hart

Age: 16 years and up

Class Limit: Min. 3 and Max. 12

Date: Tuesday, November 11, 2008

Time: 6:30-7:30pm

Location: Benny Gambaiani Public Library, Shell Rock

Class Description: Get tips and ideas on decorating wreaths. Bring your own supplies, including wreath, hot glue gun, decorating supplies. Which could include ribbon, dried or artificial flowers, filler, etc. Not sure where to start, just come for ideas!

Materials Needed: Wreath, hot glue gun, and supplies.

Registration Required: Activity covered by one-time \$15.00 Fall Session Recreation Fee.

Activity: Hobby Time

Age: 5th grade and up

Class Limit: No Limit

Date: Wednesdays & Saturdays. October 15, 18, November 15 & 19, 2008.

Time: Wednesdays 5:00-9:00pm and Saturdays 9:00-3:00pm

Location: Shell Rock Benny Gambaiani Public Library.

Class Description: Bring your favorite hobby to work on while enjoying others' company.

Materials Needed: Your favorite project/craft to work on.

Registration Required: Activity covered by one time \$15.00 Fall Session Recreation.

Activity: Hand Built Pottery (Make it With Mud)

Instructor: Terri Thomsen, Art Teacher

Age: All ages welcome!

Date: Saturdays, November 8 & 15, 2008

Time: 9:00-10:00am

Class Description: Beginner to Intermediate. Push up your sleeves and make something with clay while learning the basics of hand building and glazing.

Location: Faith Lutheran Church, 422 North Prairie Street, Shell Rock.

Registration Required: Activity covered by one-time \$15.00 Fall Session Recreation Fee, plus \$7.00 payable to class instructor for materials.

Shell Rock's Rockin' Recreation

YOUTH Fall Session

September 1, 2008 through November 30, 2008

Activity: Holiday Card Making

Instructor: Julie Holiday

Age: 12 years and up

Class Limit: 12

Date: Thursday, November 20, 2008

Time: 6:30-7:30pm

Location: Shell Rock Elementary School Commons.

Class Description: Making a Christmas Card, and misc. items.

Registration Required: Activity covered by one-time \$15.00 Fall Session Recreation Fee, plus \$3.00 payable to the class instructor for materials.

Activity: Sand Volley Ball

Instructor: Self-Officiated

Class Limit: No Limit

Age: 15 years and up

Date: Tuesdays, September 9, 16, 23, 30, October 7 & 14, 2008.

Time: 6:30-8:00am

Class Description: This recreational co-ed volleyball game will be self-officiated.

Location: Sand volleyball court at McCague Park

Materials Needed: Wear comfortable clothing and tennis shoes.

Registration Required: Activity covered by one-time \$15.00 Fall Session Recreation Fee.

Activity: Basketball

Instructor: Self-Officiated

Age: 15 years and up

Date: Mondays, September 8, 15, 22, 29, October 6 & 13, 2008.

Time: 6:30-8:30pm

Location: Basketball court at McCague Park.

Materials Needed: Wear comfortable clothing and tennis shoes. Bring a light and a dark shirt to determine teams.

Class Description: Play an informal pick-up basketball game. Learn the fundamentals of basketball.

Registration Required: Activity covered by one-time \$15.00 Fall Session Recreation Fee.

Activity: Food & Fitness

Instructor: Crystal Griffin, Butler Co. 4-H Youth Coordinator

Age: 4th through 8th grades in the current 2008-9 school year

Class Limit: Min. 5, No Max.

Dates: Tuesday, October 21, 2008.

Time: 6:00-8:30pm

Location: Shell Rock Benny Gambaiani Public Library.

Class Description: Participants will experience and learn about exercise, food nutrition, health, how to choose nutritious food/snacks and recipes, do some dance exercising, and much more!

Registration Required: Activity covered by one-time \$15.00 Fall Session Recreation Fee.

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YOUTH Fall Session

September 1, 2008 through November 30, 2008

Activity: Jewelry Making

Instructor: Terri Thomsen, Art Teacher

Age: Any Age welcome!

Class Limit: No Limit

Date: Tuesdays, September 9, 23, October 7, 21, November 4 & 18, 2008.

Time: 6:30-8:00pm

Location: Faith Lutheran Church, 422 North Prairie Street.

Class Description: Beginner to Intermediate. Learn the basics of beading, wire bending and metalwork to create your own jewelry/wearable art.

Registration Required: Activity covered by one-time \$15.00 Fall Session Recreation Fee, plus \$10.00 for the first class for materials, payable to class instructor. Buy your own supplies as needed after first class.

Activity: Rockets Away

Instructor: Crystal Griffin, Butler Co. 4-H Youth Coordinator

Age: 6th through 8th grades in the current 2008-9 school year

Class Limit: Min. 4, No Max.

Date: Tuesday, October 7, 2008.

Time: 6:00-8:00pm

Location: Shell Rock Benny Gambaiani Public Library.

Class Description: Learn about rockets, build, and launch one.

Materials Needed: one or two 20oz. plastic pop bottles with caps.

Registration Required: Activity covered by one-time \$15.00 Fall Session Recreation Fee.

Activity: Start Your Own Seedlings

Instructor: Crystal Griffin, Butler Co. 4-H Youth Coordinator

Ages: 4th through 8th grades in the current 2008-9 school year

Class Limit: Min. 4, No Max.

Date: Tuesday, September 8, 2008.

Time: 6:00-7:30pm

Location: Shell Rock Elementary School Commons.

Class Description: Learn to start your own garden plants.

Registration Required: Activity covered by one-time \$15.00 Fall Session Recreation Fee.

Activity: Nature's Cement Bird Baths

Instructor: Joelle Brumley

Ages: 12 years and up

Date: Saturday, September 13, 2008

Class Limit: Min. 3, Max. 7

Time: 10:00-noon

Location: Shell Rock Boyd Building

Class Description: Make a cement birdbath out of leaves found in your own yard.

Registration Required: Activity covered by one-time \$15.00 Fall Session Recreation Fee, plus \$15.00 for materials payable to class instructor.

Shell Rock's Rockin' Recreation YOUTH Fall Session

September 1, 2008 through November 30, 2008

Activity: Calligraphy

Instructor: Cheryl Willson

Ages: 9th grade and up

Date: Monday, November 17, 2008

Class Limit: Min. 3, Max. 15

Time: 6:30-8:00pm

Location: Shell Rock Elementary School Commons

Materials Needed: Calligraphy marker or pen and plain typing paper. (About 20 sheets)

Class Description: Intro to beautiful handwriting. Basic strokes introduced with suggestions for continued study.

Registration Required: Activity covered by one-time \$15.00 Fall Session Recreation Fee.

Fall Session (September-October-November)

Registration forms are located at City Hall or on the city's website.

<http://www.shellrockiowa.org/parks/RockinRecreationProgram.htm>

Payment must be dropped off at City Hall or mailed prior to August 29, 2008.

Questions? Email recreation@shellrockiowa.org